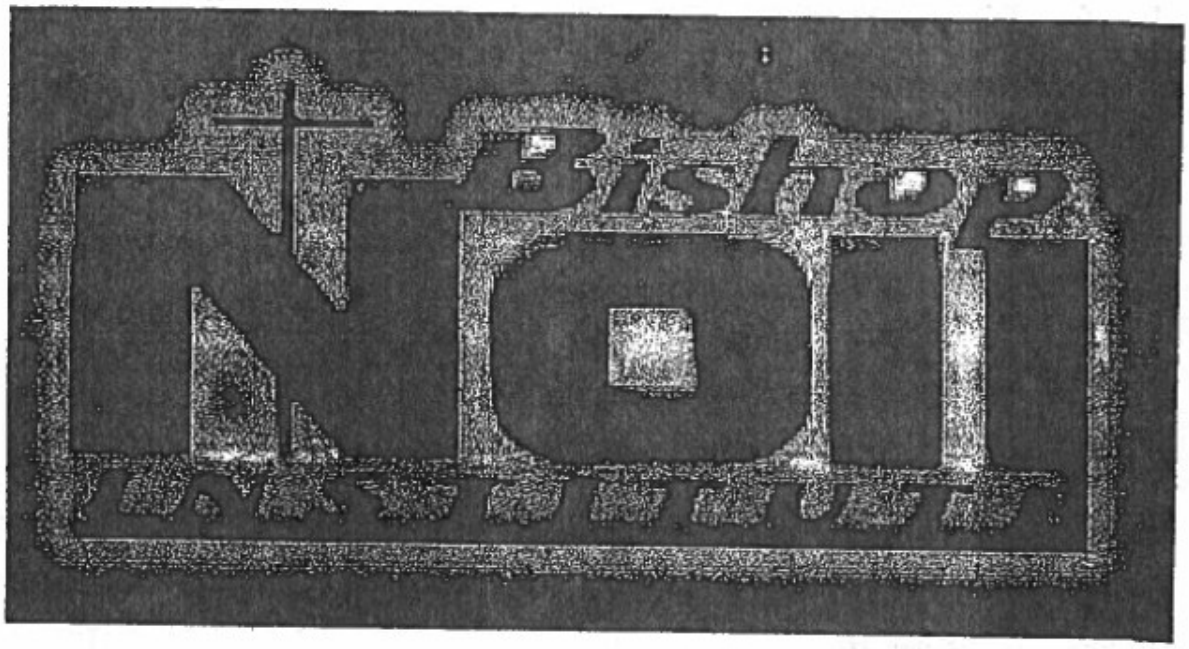


Marching Warriors Manual

Mr. Rocco Carioto- Director

rcarioto@bishipnoll.org

WE MUST SET AN EXAMPLE IF OUR SCHOOL AND BAND IS TO SURVIVE !

ALL STUDENTS MUST HAVE A MASK ON AT ALL TIMES . THERE IS NO GATHERING IN BUNCHES BEFORE, DURING OR AFTER REHEARSAL . This applies to the football field as well when preparing the show.

After you are screened , you will report to practice field or the bandroom upon what directive you have been given.
front row: flutes and clarinets, second row : remainder of clarinets, saxophones
Third Row: Trumpets and trombones.
4th row : percussion (drummers must have masks on at all times. Even whilr the wind instruments are performing.)

Everyone must stay in their seats until a directive is given for (washroom breaks, water breaks, moving from the cafeteria to the field and from the field to the cafeteria. You will be dismissed at the end of camp by row . Once you leave the building you must walk to your car and move away from the building. THERE IS NO GATHERING SOCIALIZING OF ANY KIND ON CAMPUS . I know it's hard but it is for your safety , your family's safety , the preservation of the school year and the band program.

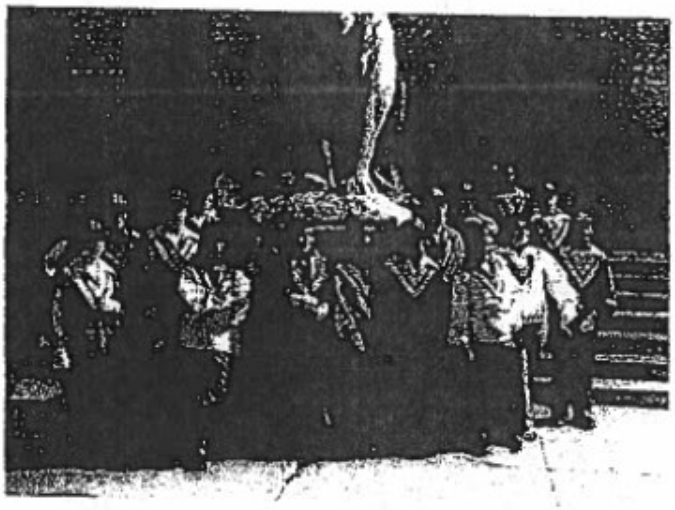
IF YOU ARE SICK, ... SIMPLE DO NOT COME TO SCHOOL BUT PLEASE TEXT MR. C SO HE KNOWS YOUR SITUATION
708-828-8491

WE HAVE A NEW BAND WEBSITE WHICH IS LAUNCHING JULY 28TH 2020
bishopnollband.weebly.com
check here periodoically for handouts, music , information and more.

Dear fellow Marching Warrior,

Welcome to our band family and the proud tradition of Bishop Noll Institute. We are honored and proud to have you as a member of this proud organization. The band is a special unique part of our school. It is the heart and soul of our school. We represent the school and the community, on the field, in concert and in worship. You will find that your bandmates will be some of your closest friends during your 4 years here and beyond. They are passionate about music, always available for help or words of encouragement and will be a great resource for you when you need advice about our school community. We shoot for excellence and in order for us to achieve it; we must all work hard as a team, freshmen through senior on and off the field. The marching manual is a guide to our marching style. Upon receiving this manual you should take it home and study it well. Bring this manual with you every day to camp. Also always have a pencil with you. As the season starts you will become a part of the BNI tradition of excellence in music and pageantry of enthusiasm in accomplishments and of student dedication toward making a greater marching Warrior band. There is a quote that a famous football coach named Vince Lombardi used to tape the walls in the team's locker room. We will adopt the same quote for our marching band program," LEAVE NO REGRETS ON THE FIELD." Welcome to the BNI band.

Sincerely,
Mr. Carioto-(Mr. C)



MARCHING FUNDAMENTALS LIST

I) Instrument Carriage
   a) Left Hand Carriage
   b) Two Hand Carriage

II) Stationary Commands
   a) Attention
   b) Parade Rest
   c) At Ease
   d) Right Face
   e) Left Face
   f) About Face

III) Organizational Commands
   a) Fall In
   b) Dismissed

IV) Motion Commands
   a) Forward March
   b) Mark Time
   c) Glide Step
   d) Left Flank
   e) Right Flank
   f) Rear March
   g) Backward March

V) Drill Terminology
   a) Interval
   b) Distance
   c) Dress
   d) Rank
   e) File
   f) Cover
   g) Block Band
   h) Squad
   i) Company Front
   j) 2-step drill
   k) 4-step drill
   l) Drop Off
   m) Pick Up
   n) Column Movements
   o) Pinwheel
   p) Run On

The High Step

I) Instrument Carriage

a) Left hand carriage - upper left arm is kept at a position next to your body, elbow is bent at a 90° angle, perpendicular to the instrument, parallel to the ground.

b) Two hand carriage - both hands hold instrument in approximately the same place, with both arms slightly extended, grip of the instrument is similar to grip on left hand carriage.

II) Stationary Commands

a) Attention - A two count movement from parade rest or at ease - heels together forming a 30° to 45° angle, toes of shoes apart, weight is evenly distributed on both feet, knees straight, back slightly arched, stomach pullled in and shoulders back. Left hand holds the instrument in most cases, right thumb along right trouser seam with palm in and fingers slightly cupped. Head is up, looking straight ahead at a point on the horizon.

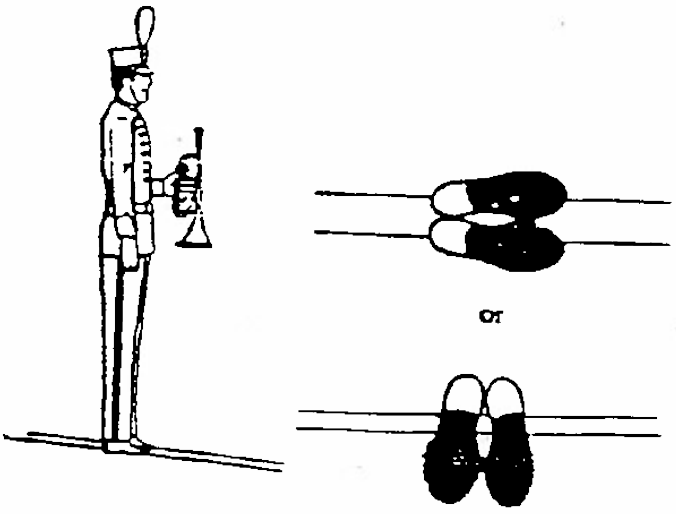
Command: One long whistle followed by a short whistle.

Execution: Respond in cadence *B- N* -TEN-HUT". On the word "REDSKIN" stand fast. On the word "TEN" assume the parade rest position and on the word "HUT" assume the attention position.

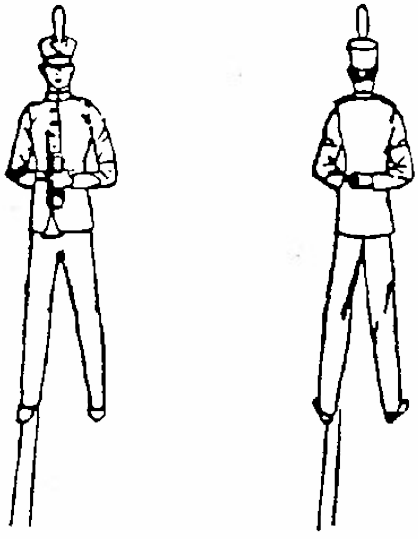
b) Parade Rest - Feet are apart with right foot remaining in place. Feet should be about 15 inches apart. Free hand is placed behind the back with hand comfortably closed in the small of your back.

Command: "BAND-PARADE-REST"

Ececution: Respond in cadence "BAND-PARADE-REST-ONE-TWO". The parade rest position is assumed on the word "TWO". Stand fast on all other words.

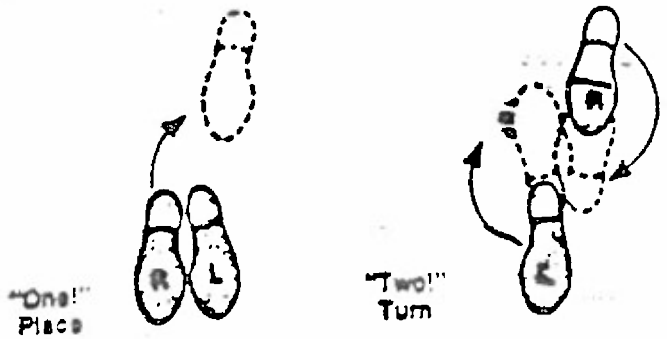


Attention



Parade Rest

completion of the turn.



Traditional About Face

III) Organizational Commands

a) Fall in - An assembly command given at the beginning of a parade or drill period.

Command: "FALL IN"

Execution: Respond by assuming positions for parade or field drill. This may be at a at ease position until called to attention.

b) Dismissed - A dispersal command releasing the unit from the area until the next drill period.

Command: "BAND DISMISSED"

Execution: Band may assume a relaxed position until called to fall in.

IV) Motion Commands

a) Forward March - A continuous movement from attention to mark time - 8 steps to the 5 yards. The left foot is lifted on the beat prior to the first forward step with the toes being pointed toward the ground while in the air. Maintain a straight direction of march and accurate spacing from left to right. Each step is 22½ inches on or off the football field. (Forward March FM)

Command: Four short, sharp whistles in the desired tempo of the Drum Major.

Execution: Respond in cadence " *BNI* -FORWARD-MARCH". Stand fast during the response. Step off after the response.on your left foot. Forward march can also be determined by a musical phrase.

(Eight steps to five yards)

b) Mark Time - A continuous movement from attention to give unit action while in position. No forward motion takes place in a mark time. (Mark Time MT)

Command: Predetermined by musical phrase or drill steps or "MARK-TIME-MAR"

Execution: Continue a high step without forward motion.

during a parade or other marching. Forward motion is maintained. (U 110 C).

Command: Predetermined by drum cadence.

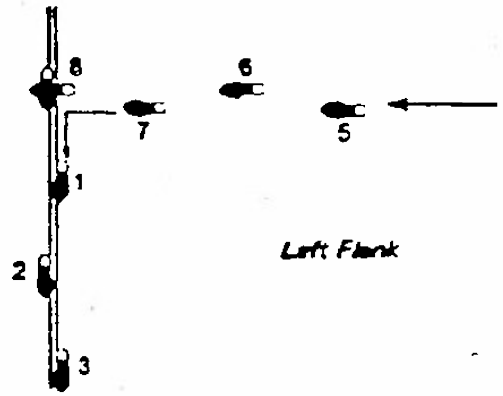
Execution: When the REST STREET BEAT is played continue marching for the first 4 counts; on the next 4 counts yell BNI GLIDE-STEP". On the next count begin a two hand carriage and march heel-toe (heel strikes the ground first). When the regular street beat is continued wait for the first 4 counts - on the next 4 counts yell [redacted]5-HIGH-STEP" - assume regular marching style.

B.N.

d) Left Flank - A maneuver to change the direction of march 90° to the left. (Left Flank LF)

Command: Predetermined by musical phrase or drill steps.

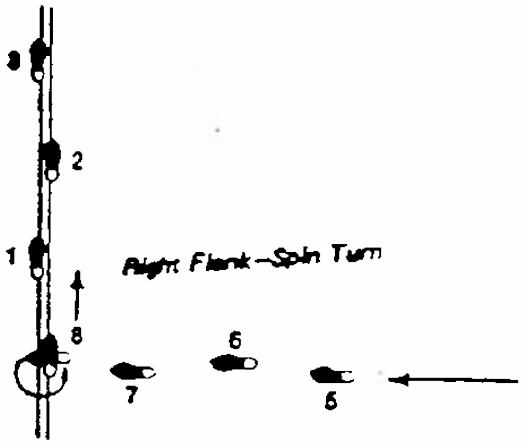
Execution: Turn on the ball of the right foot spinning your body 90° to the left. On the next count the left foot strikes the ground in a full 22½ inch step in the new direction.



e) Right Flank - A maneuver to change the direction of march 90° to the right. (Right Flank RF) - this is also known as a spin turn.

Command: Predetermined by musical phrase or drill steps.

Execution: Spin vigorously around counter clockwise on the ball of the right foot completing a 3/4 circle. On the next count the left foot strikes the ground in a full 22½ inch step in the new direction.



f) Rear March - A maneuver to change the direction of march 180° to the rear. (Rear March RM)

Command: Predetermined by musical phrase or drill steps.

Execution: Pivot on the ball of your right foot turning your body counter clockwise to end in a change of direction of 180°. Place your left foot 22½ inches forward as in a regular full step.

g) Backward March - This maneuver is similar to a forward march (8 steps to 5 yards) but when lifting the left foot place it to the back and proceed in this manner with toes pointed down. (Backward March BM)

Command: Predetermined by musical phrase or drill steps.

Execution: Step backward a full 22½ inches on each step. Point your toes to the ground when stepping back.

The above maneuvers are the basic movements of our band. During the course of the marching season you may be introduced to othe maneuvers. If you know the basic maneuvers it will be easier to learn and master the new maneuvers.

V) Drill Terminology

a) Interval (horizontal)... the lateral (side to side) distance between bandsmen. The normal interval is 1½ yards. This is two 22½ inch steps apart.

b) Distance (vertical)..... the front-to-rear distance between bandsmen. The normal distance is 2½ yards. This is four 22½ inch steps apart.

c) Dress ..... check alignment to the side to put individuals in a rank directly on line - "GUIDE TO THE RIGHT"

d) Rank ..... the lines of bandsmen which run from left to right (lateral alignment).

e) File ..... the lines of bandsmen which run from front to rear (vertical alignment) in any single line.

f) Cover..... the vertical guiding designed to put individuals in a file directly in line.

g) Block Band ..... a formation of the basic position of each bandsman in alignment by rank and file.

h) Squad..... a formation of bandsmen usually from a single rank or file.

i) Company Front..... a lateral alignment of a single line of bandsmen.

HOW TO MARK YOUR MUSIC

During the marching season the commands given to do a show are written right on the music by each individual marcher. This makes it easier to perform the maneuvers. Here are some tips on marking your music:

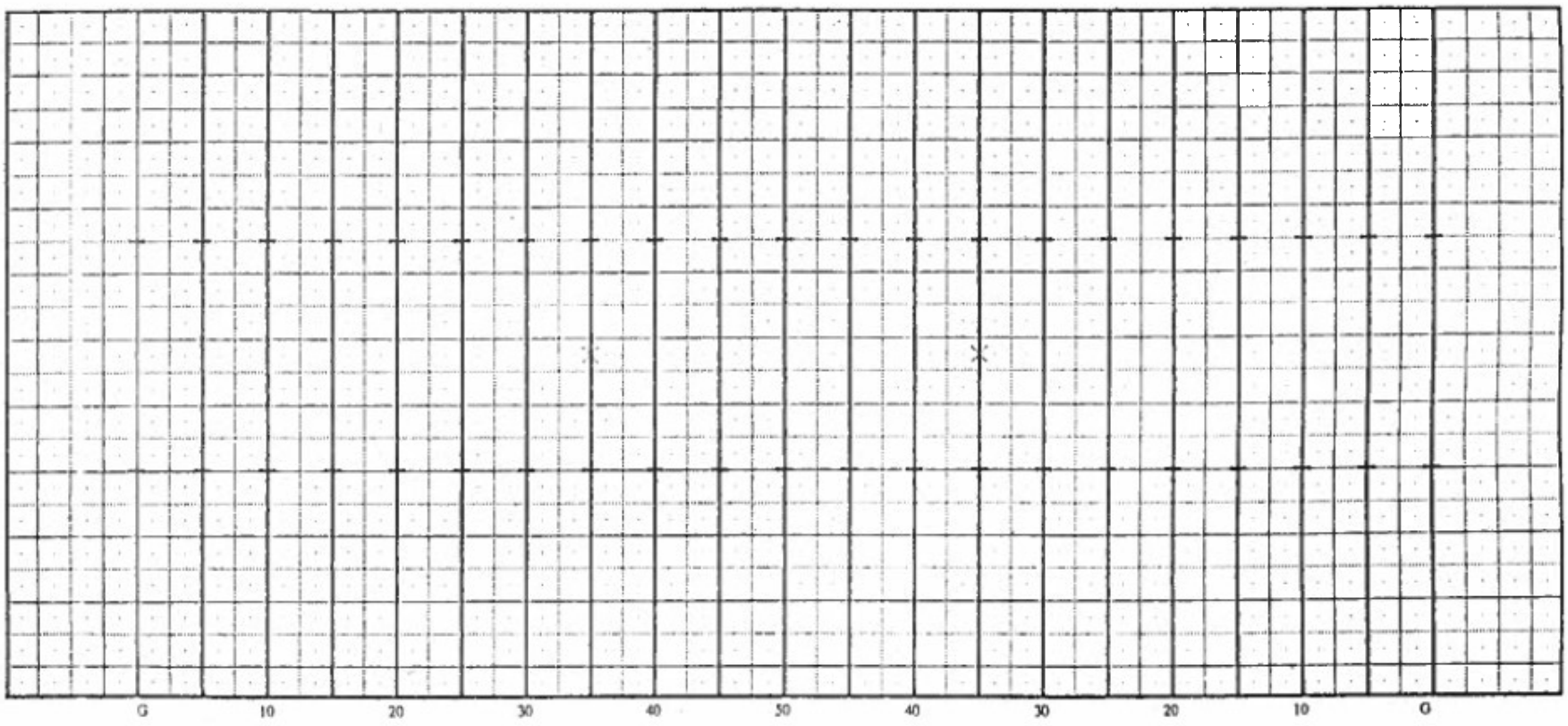
1) Check the signature - music in 4/4 time has 4 steps per measure; music in cut time (¢) has 2 steps per measure; music in 6/8 time has 2 steps per measure.

2) Mark the command when you hear it and mark it in pencil. Put a line from where the movement begins by putting it on the line dividing the measures and write the abbreviation for that command.

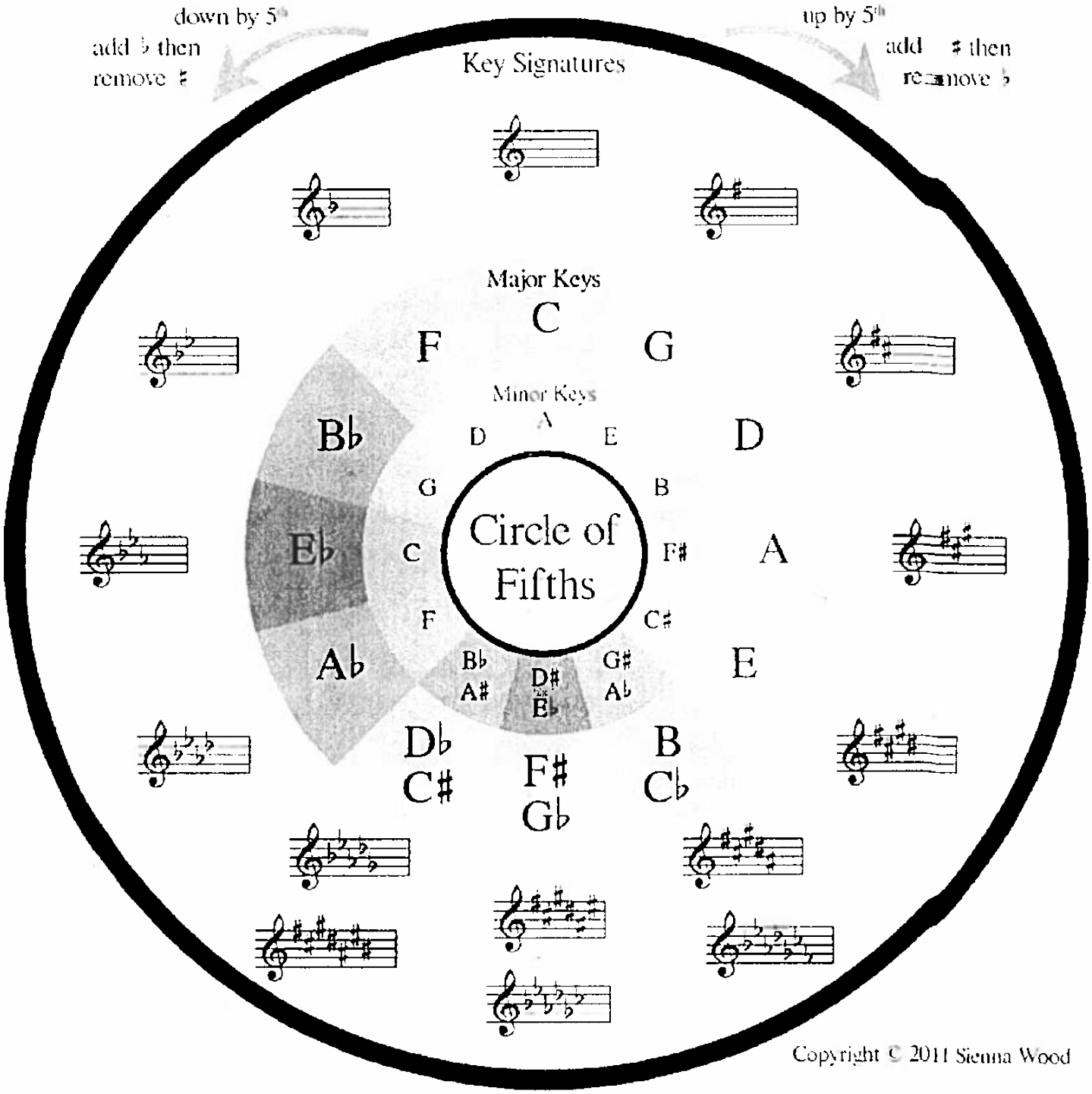
3) Have a pencil with you at all times.

STUDY GUIDE

1. Bring a tape recorder to summer band so you can record the street beats to become familiar with the drum cadences.
2. At home mark off a distance of 5 yards anywhere (driveway, hallway, basement) Practice marching 8 steps to 5 yards.
3. When the first marching music is passed out practice it very much. This will make the marching aspect easier to learn.



Example 1-1. The marching field. Lengthwise, the field is divided into five-yard segments; hash marks divide the width of the field into three segments. The "pit" percussion players are usually situated off-field, in the coaching box that extends between the two 35-yard lines.


down by 5th
add ♭ then
remove ♯
up by 5th
add ♯ then
remove ♭
Key Signatures
Major Keys
C
G
D
A
E
B
F♯
C♯
F
B♭
E♭
A♭
D♭
G♭
C♭
Minor Keys
A
E
B
F♯
C♯
G♯
D♯
E♭
B♭
F
C
G
D
Circle of Fifths
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Scheduling Conflicts

Please fill out the following if you know that you will be either late or missing to a BISHOP NOLL Band event (sectional, after school practice, parade, etc.). Please keep in mind that **you are responsible** for making up points that are lost by missing an event. Filling out this sheet **will not allow you to have an excused absence** (unless personally discussed with Mr. Carioto). This sheet must be turned into Mr. Carioto COMPLETED at **LEAST ONE WEEK PRIOR TO THE CONFLICT.** If you have any questions or comments, please talk to Mr. Carioto.
Thank you.

Name:
Current Date:
Instrument Section:
Year Level:

Date of Conflict:

Will you be missing or late?

Conflict:

This sheet must be signed by both the student and Band Director. Failure to do so will result in an unexcused absence on the date of the conflict.

_____ Band Director

_____ Student